

Development of Integrative Processes of The Activities of Coaches in Sports Clubs

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Abstract: In this article, proposals and recommendations were developed that future trainers should focus on the development of integrative processes in sports educational institutions in the system.

Keywords: trainer, creativity, physical education, sports, qualifications, competence, career, integration.



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INTRODUCTION

The question of the professional training of the future trainer determines its place and role in sports activities. In this case, orientation is the values of the main social importance, while the profession is recognized as the most basic life priority.

The following are the psychological and pedagogical factors that ensure that the trainer achieves high results in professional activities:

- Developed forecasting ability; - Social Intelligence, social perception; - personal aspiration, decision-making, motivation in relation to achievement, developed self-control.

The team has an important influence on the conscientious performance of all the exercises of the athlete. This state further exalts the sense of responsibility to his comrades, develops and strengthens his qualities of vivacity.

The qualities of training skills that ensure the success of the professional activities of the future trainer are characterized by such as professional knowledge, skills, psychological characteristics, professional views, which always have interaction and development.

In addition, in all the theoretical views analyzed, the professional psychological training of trainers, as well as feedback on its improvement, cannot give a clear picture within the framework of the problem. However, in the analysis of these concepts, it is considered significant to consider the following psychological aspects. That is, concepts such as observability, independence, communicativeness, self-control ability, professional competence, pedagogical skill, sensitivity, creativity, social intelligence, altruism (self-sacrifice), tolerance, patriotism, patience, high

motivation (attitude), cognitive activity, emotional stability, morality, flexibility, regularity, informational competence have been overlooked by some studies.

Also, the state of pedagogical and psychological integration of the problem can be seen in cases of explanation of individual with components of the process of personal involvement. More emphasis was placed on the functional capacity of athletes in training and their ability to distribute it. In some theoretical views, however, issues such as the creative components of training activity, its state of harmony with human values, spiritual and moral relations in professional activities, the influence of human abilities and special abilities on the effectiveness of professional activities, the importance of interpersonal relationships in training, the process of interaction between a trainer and an athlete are partially covered. In the psychological measures of the work of improving the professional psychological training of future trainers, the cognitive sphere of the personality of the trainer, the affective sphere, the behavioral sphere, the emotional-emotional sphere, the sphere of social perception were ignored by some researchers. However, it is considered unlikely to psychologically imagine a training profession without perfectionism in these areas.

According to the analysis of psychological and pedagogical literature, the psychological foundations that determine the improvement of professional and psychological training of future trainers are reflected in the following.

1. The advantage of the cognitive component is the ability of the trainer to know the age characteristics of athletes, self – knowledge, to quickly understand other people.
2. The stability of the affective component is explained by a series of abilities in the trainer, such as emotional ability, Ability to perceive aggression, awareness of the motivations of the athlete's personality, forecasting the results of training.
3. The social perceptive component is the content that is considered necessary for future trainers, the rapid awareness of social phenomena, the early vision of the prospect of international cooperation in sports, as well as high life and professional experience.

In general, the educational system is a key element in the production and regeneration of the intellectual potential of society and serves as a generator of new ideas, knowledge, techniques and technologies. From the quality indicators of the educational system, the level of training of personnel for all industrial, cultural, social and political spheres ultimately depends.

In other words, education and economics (as well as other fields) are most closely and directly related. In addition, the role of the educational system is fundamental, it plays the role of “leading communication”, which leads economic and other industries to a higher level of development.

An important place in the qualitative training of personnel for the cultural, social and economic sphere is occupied by higher educational institutions that produce the most qualified and qualified specialists.

In particular, higher education plays a decisive role in the system of training and retraining personnel for physical education and sports, since it is provided by graduates of higher educational institutions of physical education.

In the integration of Physical Education, Science and economic practice into a single Complex, Sports higher education institutions largely determine the trends and paths for the development of physical education and sports in the country. In the provision of secondary schools, secondary special educational institutions, military schools, higher educational institutions and all Profiles with potential personnel, higher educational institutions of physical education carry the main burden. This large category of specialists is mainly civil servants, directly serving the interests of the state, implementing the decisions of government structures.

The quality of management decisions in physical education and sports of Uzbekistan, the effective development of the field as a whole depends on the qualifications, moral and volitional and professional qualities of these civil servants.

The accuracy and importance of the problem of training qualified sports managers in this regard should be discussed in more detail. Training and retraining management personnel for physical education and sports is an important and urgent task. Especially today, the problem of lack of professional sports managers is visible in the life of our country in physical education and sports. In particular, on the search and attraction of financial funds (sponsors) for any physical education and sports projects. In addition, sports and professional sports require qualified GR managers (specialists in relations with state structures), PR and HR managers (specialists in public relations and personnel).

In conclusion, for this, it is necessary to strengthen programs for training specialists in management, economic and Legal Sciences in the field of physical education and sports; introduce new disciplines and methodologies into existing educational plans; improve programs for retraining specialists in the field of Physical Education and sports.

Today, in the field of physical education and sports, as in all areas, there is an increasing need for modern requirements and specialists with a new way of working. In this case, improving the quality of training of qualified personnel with comprehensive knowledge in accordance with international standards, the rapid development of Science in sports, training of highly qualified competitive trainers and teachers, specialists are among the urgent tasks facing the field.

Currently, Research is being carried out by scientists around the world to improve the scientific and methodological and organizational foundations of professional knowledge, practical skills, improvement of field qualifications of specialists in the field of physical education and sports. An important aspect of these studies is the focus on the training of sports professionals as well as the cooperation of various fields in the development of mass sports among the population. As a result, on the one hand, economic upsurge is increasing, on the other hand, problems arise in the worldview of physical education and sports professionals, such as the transformation of material interest into the main motivation, knowledge of physical strength as dominant. This requires the organization of research related to the complex development of the thinking of future physical education and sports specialists. PQ-5279 of the president of the Republic of Uzbekistan on November 5, 2021 “on measures to further improve the quality of the formation of the reserve of athletes in Olympic and Paralympic sports by radically improving the system of sports education”, PQ-5280 “on the program for the development of the activities of Sports and educational institutions until 2025” of November 5, 2021 "on PQ-5281 resolution" on training "and PQ-5282 resolution “on measures for the further development of the sports of walking, running, mini-football, badminton, streetball and” workout" of November 5, 2021 indicate the need to pay special attention to these issues.

It is known to us that understanding the essence of each concept and phenomenon, making the correct analysis of subsequent processes, is enslaved in mastering. The essence of the concepts of” creativity “and” pedagogical creativity ” is important in the development of the process and skills embodied in understanding and fracking from other concepts, these concepts. It has not yet been so long since the concept of “creative pedagogy” began to be used in modern pedagogy. However, the need to make decisions on innovative and creative approaches to the teaching process ensured the formation of “creative pedagogy” as an independent subject among the pedagogical category of subjects. The foundations of this subject are organized by methodological ideas of such disciplines as the history of pedagogy, general and professional pedagogy and psychology, methods of teaching private subjects, educational technology and professional ethics. The general basis of the science of” creative pedagogy ” serves to create the necessary conditions for professional maturation of a specialist, including future specialists.

In the development of the field of physical education and sports in our country, issues of improving the educational processes of specialists in this field, optimization of training loads, improvement of physical qualities are being researched. However, scientific research work on the development of the thinking of future physical education and sports specialists has hardly been carried out.

The creativeness potential of an educator is manifested in its general characteristics. These characteristics represent the capacity and readiness of the individual for self-expression. Moreover, on the basis of creative potential, the personal abilities, natural and social capacity of each Specialist are manifested in a holistic way. In order for the trainer to have the ability to creativeness, it is necessary to focus on the following in his professional activities:

- ✓ creative approach to professional activities;
- ✓ show activity in creating new-new ideas;
- ✓ independent study of advanced pedagogical achievements and experiences;
- ✓ Organization of training in accordance with all competencies;
- ✓ to operate in cooperation with colleagues with high professional experience;
- ✓ work with student-athletes in addition to training;
- ✓ the widespread use of new modern techniques, innovative technologies in the process of training, etc.

From experiments it is known that there is no good or bad educational method, it is also impossible to be. The positive or negative result of educational methods depends on the professional readiness of the teacher. In this, the creativity of the teacher along with his professional skills:

- 1) to be an excellent Master of field and science;
- 2) the fact that he can teach others what he knows;
- 3) able to effectively organize educational activities;
- 4) be able to adequately assess the results of the educational process;
- 5) involves being able to direct the student correctly while realizing his capabilities.

In physical education and sports specialists, too, the development of creativeness: teaches a creative approach to their activities; teaches the organization of training to correct shortcomings in themselves; develops quick and tactical thinking and trains the opponent in the context of the competition to identify their shortcomings.

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