

## Air Travel Rules with Children of Different Ages

**Umarova Fotima Umarjonovna**

*KIUT- Master's degree student group MTOU-123*

**Amriddinova Rayhona Sadriddinovna**

*SamIES, —Lecturer of the Department of Tourism, Ph.D., associate professor, scientific supervisor*

**Abstract:** Traveling with a child in an airplane requires a special approach to preparation and organization to ensure comfort and safety for both children and parents. The article analyzes the main aspects of flights with children, including choosing a suitable flight, preparing the necessary documents, the rules for transporting baby food and luggage.

**Key words:** travel with a child, flight with children, family trips, flights, child safety, airlines, baby food, flight comfort.



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The fastest way to reach a resting place with a child is by plane. This process, taking into account the registration of luggage, passports, waiting, takeoff and landing, sitting for a long time in one place, is exhausting for both adults and children. Experienced travelers know a number of secrets that will help parents enjoy traveling with a child of any age.

***The causes of children's caprices.*** One of the main reasons for children's crying and nervousness on the road is a strong discomfort, which causes children to suffer during takeoff and landing. The fact is that young children have not yet formed the vestibular apparatus - up to 5 years old, the passage connecting the nasal cavity to the ear, scientifically speaking, the eustachian tube, is not yet physiologically developed. That's why children don't just get their ears stuck in flight, they get really hurt. Remember that it is especially unpleasant for children and adults to fly if they go on the road with a haemorrhage. Such passengers are advised to carefully cleanse their nostrils before takeoff and landing, and to have nasal sprays with them in order to avoid the risk of developing otitis.

Another serious cause of a child's capriciousness is the disruption of the day due to flight, when the usual hours of eating, daytime and nighttime sleep are mixed. This is especially noticeable in late departures: the baby must be asleep, but must be awake. In this case, it is possible to use tranquilizers to help the child fall asleep in an unfamiliar environment, of course, it is necessary to consult a pediatrician first.

You can help the little passenger to cope with the unpleasant moments during the flight, for example, by dipping in his nose before takeoff and landing an age-appropriate narrowing drug - he will put less ears. Don't forget to check with your pediatrician in advance about suitable drops.

If the baby learns to breathe correctly during takeoff and landing, it will help against blocked ears and attacks of nausea. Specialists recommend not to overfeed the child before the journey, then it will be less annoying. You should bring something sour - apples, candy or chewing marmalade, sour will also help you get rid of your nausea.

Two proven remedies also help to avoid children's caprices on the plane: first, parents are advised to be patient and calm and remember that children follow the example of adults, "catch" their mood, so they easily copy adult nervousness. Secondly, it is necessary to be able to distract the child's attention, to shift it to something positive and interesting. You need to take your baby's favorite toy with you, have a cartoon viewing device, a book, and games for your flight. A number of airlines carefully give their young passengers special sets for creativity before takeoff, where there is a flomaster, drawing paper or painting.

Next, we will consider the rules for the transportation of accompanied children by "Uzbekistan Airways".<sup>1</sup>

**Child under 2 years old.** For children under 2 years of age, who are transported without providing them with a separate place, when issuing an air ticket with free luggage, it is allowed to carry luggage free according to the norm established for babies: - up to 10 kg of registered luggage (when accepting luggage for transportation by weight); - 1 place of registered luggage, weighing not more than 10 kg, with dimensions of the sum of three dimensions not more than 115 cm (when accepting luggage for transportation by the number of seats).

In addition to the norm of carrying registered luggage, carried by weight or by the number of seats, established for infants, it is allowed to carry a folded children's carriage or children's travelling cradle as a hand luggage or registered luggage, which should not weigh more than 8 kg and should not exceed the dimensions established for hand luggage (a total of three measurements of 115 cm). Child carriages, children's car seats and other devices for transporting children exceeding the specified size and weight norms shall be included in the norm of carrying registered luggage, and if it exceeds this norm, payment shall be made according to the general rules established for super-normative luggage, and they shall be transported in the luggage and cargo compartment of the aircraft.

**Children under 2 years** of age can be accepted for transportation only accompanied by an adult passenger who has reached the age of 18.

An adult passenger can purchase a ticket without providing a separate seat only for one accompanying child under 2 years of age, for the remaining children of the specified age category accompanying the passenger, tickets must be purchased with the provision of separate seats in the aircraft cabin.

For the transportation of two or more children, to whom, at the request of the parents, a separate seat in the aircraft is provided, a fee is charged in the amount of 75% of the normal adult fare or the excursion fare with the provision of a separate seat and the rate of free luggage.

**From 2 to 12 years.** A fee of 75% of the normal adult fare or excursion fare is charged with the provision of a separate seat and a rate of free luggage transportation.

**Transportation of unaccompanied children.** To pay for the transportation of unaccompanied children, regardless of their age, 100% of the tariff of any type available for transportation

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<sup>1</sup> <https://www.uzairways.com>

payment at the time of the buyer's appeal for the purchase of an air ticket for an unaccompanied child is applied.

When selling and issuing a ticket, a fee of 40 euros is charged for special service procedures. The fee is charged on each section of the route specified in the air ticket for the international transportation of one unaccompanied child aged 5 to 15 years, regardless of the type of route (OW, RT, OJ, etc.).

When selling carriages for unaccompanied children on domestic lines, a fee of €5 is charged.

In case of voluntary or forced return of the air ticket issued for the unaccompanied child, this fee shall be refunded in full.

When accepting a unaccompanied child for transportation at the transportation sales agency, the JSC representative office or the airport of the Republic of Uzbekistan for both direct and reverse transportation, the forms "Request for the transportation of an unaccompanied child" are issued. At the request of parents or caregivers to provide escort services and provided that the above fee is paid for children aged 15 to 16 years, such a form can also be drawn up and a travel escort service provided.

At the departure point, the parent or the person indicated in the "Parent or guardian declaration" and accompanying the child at the departure airport, hand over the child under the signature in the "Request for the transportation of an unaccompanied child" to the representative of the airline or the agent authorized by the airline for ground services of the airline. In the absence of a "Request for the transportation of an unaccompanied child" signed by the parents or guardians, such a document is issued by the authorized employee of the ground handling agent or by the representative of the JSC when the parents or other persons accompanying the child apply before the child is registered for the flight. The parents or guardians of the child shall be issued the first copy of the form "Request for transportation of unaccompanied child" with the signature of the person who accepted the child to be accompanied to the aircraft. The child's documents shall be placed in a special sealed envelope for the documents of the unaccompanied child. Persons accompanying the child at the departure airport must be at the airport before the departure of the flight.

The transportation of minor foreign citizens by JSC flights outside the Republic of Uzbekistan is carried out with and without the accompaniment of adults.

Underage citizens of the Republic of Uzbekistan under 15 years of age, when crossing the border of the Republic of Uzbekistan, must be accompanied by an adult, whose information will be recorded in the child's passport.

Citizens of the Republic of Uzbekistan aged 15 to 17 can cross the border of the Republic of Uzbekistan without the accompaniment of adults, having on their hands the notarized power of attorney of both parents for independent departure.

**Conclusion.** Traveling with children of different ages in an airplane requires careful preparation and consideration of many factors. Compliance with the rules of flights, knowledge of the requirements of airlines and proper organization of the trip will help make the flight comfortable and safe for both the child and the parents. Particular attention should be paid to documentation, provision of comfortable conditions on board, and preparation of necessary things for the child. Cooperation with airline personnel and the right choice of airline services also play a key role in creating a positive experience. By following these recommendations, parents can minimize the stress associated with the flight and create favorable conditions for the entire family to travel.

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