

Holy Steps and Pilgrimages in Dehqanobad District

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Abstract: Tourism is one of the fastest growing sectors of the world economy. Its extensive development is becoming a major source of income for many countries. According to the UN World Tourism Organization, 1 billion 284 million tourists were recorded worldwide in 2018, and this figure increased to 1 billion 335 million by the end of 2019.

The value of export services provided to travelers in 2019 was about 2.5 trillion US dollars. Even in 2019-2020, a big difference can be seen in these numbers.



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INTRODUCTION

It can be seen that tourism has become one of the most important economic sectors today. Therefore, many countries of the world are taking all measures to further develop this industry, create relevant infrastructure at the level of world standards and increase the flow of tourists.

Today, tourism is one of the fastest growing industries in the world, and one out of every 11 people is engaged in tourism. If we provide hotels and accommodation for tourists in such places of pilgrimage and beautiful nature, and if we eliminate the road problem, not only the people of our republic, but also tourists from all over the world will visit the beautiful scenery like our mountains with great interest.

There are many shrines and shrines in Dehqanabad district of Kashkadarya region. Among such shrines, the shrine of Sargai Ota is located in the southwestern part of Hisar mountain. This step is from the district center

Located 50-55 km away, the shrine is very ancient, it has existed since the 15th-16th centuries, that is, since the 5th-6th centuries. Since the shrine is located on a high mountain far from the district center, the road is not good, only local niwa and similar off-road mountain vehicles can drive here, other light vehicles can be found in the hillside villages or 'I stops due to deterioration and goes to this oil on foot or with the help of local people. If the road from these villages to the shrine is improved, I think that the population will increase again. A lot of people go here in April and May.

More local people visit and also many pilgrims from other districts and regions also come to enjoy the oxygen-rich air, clear ice-blue water, high mountains and charming nature. However, there are not enough conditions for overnight stays for tourists coming from afar, so spring and summer months, i.e. seasonal accommodations

It is appropriate to build (grasses) and if electricity is provided here, even with solar batteries, the flow of visitors will increase again.

Every year, at the end of spring and beginning of summer, about 6-7 thousand pilgrims and vacationers come to the shrine.

Especially here on Wednesday of the week, pilgrims are crowded and on average 5-6 sheep are slaughtered and donated. The nature of the area where the shrine is located is so beautiful that a person who has visited it once will come back again.

The mountain is surrounded by thick juniper forests, and between it flows such sweet, clear and ice-blue waters. If you go here in summer, you can see the four seasons, that is, you can witness the green vegetation like in spring, the snow in the high mountains like in winter, and the farmers harvesting crops like in autumn. There are many medicinal plants in the area around the shrine and it is located, for example, there are mountain mint, deer grass, zirk, namatak and many other spices, and there is also kokurb. It is distinguished by its medicinal properties and its rarity. One such shrine in Dehqanabad District is a lake known as Khojaipok Ota, located in the south of this district. Nowadays, when the salty water comes out of it, it is not suitable for drinking, but according to the locals, sweet water came out. Tsar Russia invaded this village. a suction that has turned into salt water overnight.

The village is also called Khojaypok after this spring.

There is a spring boiling on the mountainside near the village, and before the end of the spring months and the beginning of the hot summer heat, many pilgrims come from all over the territory of our republic, especially from Surkhandarya, Kashkadarya, Samarkand, Jizzakh regions. The water of this spring is distinguished by its unique healing properties, it improves the functioning of the liver, gastrointestinal tract, and stomach of people who drink it, and helps in recovery. Again, it cures all kinds of rashes and skin diseases using salt water. There is also mud here, which is considered a cure for joint diseases and various colds. For this reason, the number of visitors to this place has been increasing in recent years, but what worries us is that the spring is about 20 miles from the village, and there is a shortage of clean drinking water and the rutted roads are a bit difficult. you will be disappointed. If clean drinking water and roads were improved here, I thought that the number of visitors would increase again.

Another recreation center of Dehkanabad district is Kamal spring. 15-20 km away from the center of the district, it is located on a mountain slope in the area of a hill and a plain. It is a very charming place. When you drink the water of this lake, you will feel some relief in your body. Maybe that's why there are no cases of infectious diseases among the villagers. Among the population of this village, there is a large majority of older people[4]. You can see that there is a healthy lifestyle and a healthy life here when you see the energy of the elderly as young as the youth, and the vigor, vigor and vitality of the young. Seeing that the villagers have no infectious hepatitis, gastrointestinal and kidney stones, we can see that this spring has an effect on the neighboring areas as well. People who come here seeking treatment for various ailments, people with hepatitis, cirrhosis of the liver and kidney stones come and get cured. From this we can see that every drop of this spring water is worth gold.

Since the spring is located on the mountainside, cars cannot get out, so water was brought down to the plain for 300-400 meters, and one or two ponds, albeit small, were built here, because there are more people in the summer months, so it is necessary. Any river or lake in the territory of our republic has seasons of increase and decrease of water. But one of the most amazing aspects is that the water of this spring comes out at the same rate in all four seasons. In the summer months, patients come here for treatment and stay for a few days, so Kamal, who opened the spring, says that he has started to build small rest areas here. The water of this spring is distinguished by the richness of magnesium sulfate, sodium, calcium, potassium and various other mineral substances, which contain various useful minerals. Kemal spring water is several times better than Hemazod, which is used in modern times, to wash the gall bladder, stomach, liver and other internal organs of a person and relieve pain. Doctors also recommend Kamal spring water to people suffering from this disease.

They used the water of the Kamal spring when it was first opened, that is, in 2005, but now they come here not only from the region, but from the whole republic. When the number of people who come to Bulak increases, they are late to return home and it causes them to stay, but the road conditions here are not good for staying overnight, so if these problems are solved here, a great contribution has been made to human health. There are a lot of healing springs, ancient shrines and holy shrines in our republic. Among them, we stopped at some healing springs and shrines in Dehkanabad district of Kashkadarya region. the number of tourists and vacationers in the regions with the most beautiful and clean air increased.

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